



Baobab Spa

BAOBAB - THE TREE OF A THOUSAND VIRTUES FOR OUR BODY

Wisdom is like a baobab tree - no one individual can embrace it!

HERE YOU WILL FIND EVERYTHING YOU NEED TO SOOTHE BODY AND MIND.

At Baobab Spa we utilize indigenous moisture – Powerful indigenous ingredients and aromatherapy oils in unique formulations that target a range of different needs. Our face and body palms contain super hydrating plant botanicals to ensure that the skin retains the high levels of moisture essential for a healthy, youthful glow. The balms range from hydrating rich on Omega 3 Baobab oil to Mongongo nut oil to relaxing Marula and Neroli oil.

Our tempting choices of treatments are based on ancient African, Asian, and European traditions designed to soothe the spirit, rejuvenate the body, and enrich the mind.

After experiencing the attentive service and warm ambiance, you will not want your visit to Baobab Spa to end and you will return again and again.

THE BAOBAB SPA IS AN EXPERIENCE LIKE NO OTHER.

All Healing Earth products are free from synthetic fragrances, colorants, petrol chemicals, DEA, preservatives, and parabens.

During the rainy season, a baobab can absorb up to 140,000 liters of water to store for the dry season. And they can live for up to 2,000 years!

The antioxidant power of baobab pulp is four times more powerful than that of kiwi fruit. These antioxidants protect your skin from aging and have regenerative properties. Applied as a face mask, baobab powder helps to hydrate and smooth skin. Finally, the rich vitamin B2 content helps to heal tissue.

Baobab can be used as a powder, but also as an oil, and baobab's properties add real benefits to cosmetics. That's why it is one of Healing Earth's favourite raw ingredients and make full use of it. The fatty acids present in the baobab oil contribute to skin renewal. It also helps you deeply hydrate and nourish your skin.

At Baobab Spa, leafy colors and tranquility evoke a sensory journey and invite our guests to build a personal experience in its calming space.



SIGNATURE JOURNEYS

Couples Connect 90 Minutes - (Single: 10000, Couple: 19000)

Begin this experience with a full body exfoliation of your choice: Pinotage, Mongongo Nut, or Coffee, Cinnamon, and Orange. This is followed by a Muscle-melting full-body massage using our luxurious Pinotage oil for the ultimate relaxation of the mind, body, and soul.

Soul Of The Earth Journey 120 Minutes - (Single: 12000, Couple: 23000)

Discover your “inner peace” as you Indulge in a full-body freestyle deep tissue massage to alleviate high-stress levels, release muscle pain, and encourage optimum circulation. Tailored entirely to your needs. Your therapist will select one of our pure aromatherapy oils according to your needs. This grounding massage flows into a specialized Pinotage vinotherapy facial ceremony, leaving the skin radiant and glowing.

BODY CEREMONIES

Ultimate Detox Ritual – 120 minutes - (Single: 13000, Couple: 25000)

Enjoy our full body exfoliation and wrap by choosing between the essences of Coffee, Cinnamon, and Orange OR Mongongo Nut. Our invigorating body polishes serve to remove dead skin and encourage cellular renewal for smooth, soft, balanced, firm, and retextured skin that glows with vitality. Follow the body exfoliation and wrap with a shower and complete your experience with a luxurious and nourishing full-body massage.

Mongongo Nut – Detox, Water retention, Lymphatic drainage
Coffee, Cinnamon and Orange – Detox, Define, Sculpt

“Sole to Soul” Body Ritual 60 Minutes - (Single: 8000, Couple: 15000)

Enjoy sacred time alone with this therapeutic body ceremony. This experience begins with a floral foot bath followed by a 30-minute pressure point relaxing foot massage which then flows into destressing Back, Neck, and Shoulder massage to melt away tension and soothe your muscles into a sweet surrender.



FACIAL CEREMONIES

Balance and Hydrate Facial 60 Minutes - (Single: 7000)

A unique facial ceremony harnessing the nutrient-rich ingredients of Neroli, Rose, and Marula which hydrate, rejuvenate, and regenerate the skin. This treatment will visibly leave the skin looking and feeling refreshed and radiant.

Resurface and Renew Facial 75 Minutes - (Single: 9000)

Powered by breakthrough tri-enzyme peptide technology. This pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. Combined with a signature lymph drainage facial massage, this is the ultimate start to smoother, younger-looking skin.

Deep Cleanse Facial 60 Minutes - (Single: 8000)

Deep cleansing facial is an exfoliating treatment that helps your skin go free from dead skin cells and other impurities. It targets problems like fine lines, dehydration, clogged pores, and breakouts. It boosts blood circulation within the skin which helps in repairing the damaged skin cells, toning, strengthening, and tightening skin cells.



MASSAGE CEREMONIES

Revitalising Foot Massage - (30 Mins - Single: 3500, Couple: 6000)

Using Age-old techniques concentrating on the reflex points, this massage will relieve your stress and tension from the body and restore the natural flow of body energy through the soles of your feet.

Muscle Relax Massage - (30 Mins – 3500, 60 Mins – 6000, 90 Mins – 8000)

A true passport to well-being, this massage relieves tired muscles, recharges the body, and delights the soul.

Hot Stone Massage - (75 Mins – 8000, 90 Mins – 10000)

The radiant warmth of the stones is used in conjunction with Swedish techniques and pure aromatherapy oils to call forth the body's own healing energies to promote a deeper level of relaxation.

Deep Tissue Massage - (30 Mins – 4000, 60 Mins – 7000, 90 Mins – 9500)

Designed specifically to address stiff and overworked muscles. This therapeutic, firm-pressure massage uses the hands and elbows in conjunction with detoxifying aromatherapy oils to leave the body feeling restored and renewed.

All prices are in Kenya Shilling, include Tax and Services Charge. Prices are subject to change without notice.

Aromatherapy Massage - (60 Mins – 7000, 90 Mins – 9500)

The main objective of this treatment is to increase the skin's firmness, tighten, and sculpt. A powerful blend of Coffee, cinnamon, and orange combined with invigorating massage techniques and completed with a corrective cream to targeted areas. This superior treatment will leave the body and skin feeling instantly refreshed and revitalized.



Indian Head Massage - (30 Min – 3500)

Indian head massage, also known as champissage, is a treatment that focuses on massaging acupressure points along the head, neck and shoulders, often using circular massage strokes to improve hair and scalp condition.



BODY SCRUBS

Baobab Coffee Scrub 45 Minutes - (Single: 4500)

This ultimate exfoliating experience with coffee scrub, the caffeine found in the coffee scrub typically increases blood flow and reduces the appearance of cellulite, and gives your skin a more even tone.

Classic Body Scrub 45 Minutes - (Single: 5000)

Revitalize and renew your skin with our timeless exfoliation techniques.

MUM TO BE?

Blissful Bump Massage 75 Minutes - (Single: 10000)

You should be relaxing and taking care of yourself, but you are probably still running around as before. Remember that once your baby arrives you won't have as much time to yourself, so let us take the weight off you for an hour of blissful relaxation. Your baby will love it too!

Perfect Mummy 130 Minutes - (Single: 13000)

Blissful Bump Massage with Express Pedicure & Manicure



HANDS AND FEET

Baobab Classic Manicure 60 Minutes - (Single: 5000)

A classic manicure involving nail trimming and shaping, cuticle pushing and nipping, and a nourishing hand massage, completed with a varnish of your choice.

Baobab Classic Pedicure 60 Minutes - (Single: 5000)

A relaxing pedicure involving a foot soak, gentle exfoliation, nail and cuticle work, and a nourishing foot and calf massage, completed with a varnish of your choice.

Express Manicure or Pedicure 30 Minutes - (Single: 3000)

The perfect nail fix which includes filing, shaping, buffing, and a varnish of your choice.

Express manicure & Gel application - (60 Min – 5000)

Gel removal - (30 Min – 2000)

Gel removal with artificial nails - (45 Min – 3500)

LET'S GROOM YOU MORE...

Waxing – 30 Minutes

Under-arms - (Single: 2500)

Bikini - (Single: 5000)

Chest / Back - (Single: 5000)

Full Legs - (Single: 5000)

Full Arms - (Single: 4500)

Eyebrows shaping - (30 Min – 2000)

Head wash - (30 Min – 2000)

Hair wash & blow-dry - (60 Min – 5000)



HYDROTHERAPY

Steam 30 Mins - (Single: 2000)

Sauna 30 Mins - (Single: 2000)

Jacuzzi 30 Mins - (Single: 2000)



SPA ETIQUETTE & RULES

What would I wear to the Spa?

There is no specific dress code except what you feel comfortable with.

How early should I arrive for my appointment?

Please arrive 15 minutes prior to your schedule time in order to check – in and change. Please take note that arriving late will limit the time for your treatment in order not to delay the next guest's appointment. However, if there are no schedule treatments after your bookings, the full duration of your treatment will be given.

Is there someone to help me decide the best treatment for me?

Our Spa staff will be able to assist you in planning a program suitable for your needs. Please advise our Spa staff should you have any health ailments.

What do I wear during my treatments?

You may wish to wear your own underwear or we can provide you with hygienic disposable brief. Alternatively, treatments may be enjoyed without clothing. Our therapists will use draping techniques to respect your privacy.

What about my valuables and jewelry?

Please leave your valuables in your Safe Box inside your room, or for your convenience, lockers are available for your use during our treatments at the spa.

What if I am unable to attend my reservation?

A reserved hour is held especially for you. A 50% charge will be collected for treatments not canceled THREE (3) hours in advance.

Food & Drinks

No outside food or Drinks are allowed inside the Spa premises.

The minimum age to use the spa facilities and have treatments is 15 years old.

Spa Cancellation Policy

Treatment times have been scheduled for you. If you must reschedule or cancel any spa appointments, please notify the spa 24 hours in advance. Missed appointments without proper notices are subject to a 100% charge for reserved services.